

# 2025 - 2026

# Exquisite Global Cuisine for Every Occasion Mediterranean (Greek & Turkish)





# **Appetizers**

# **Vegetarian Appetizers**

#### Caesar Salad

Romaine lettuce, Parmesan cheese, croutons, Caesar dressing (anchovies, garlic, lemon juice, olive oil)

#### Choban Salad

Tomatoes, cucumbers, green peppers, red onion, parsley, olive oil, lemon juice, salt, pomegranate sauce

#### Baba Ghanoush

Roasted eggplant, tahini, lemon juice, garlic, olive oil

#### **Tzatziki**

Greek yogurt, cucumber, garlic, olive oil, lemon juice, dill or mint

#### Hummus

A creamy chickpea dip blended with tahini, olive oil, garlic, lemon juice, and paprika.

Served with warm pita bread

### Feta Dip

Feta cheese, Greek yogurt, olive oil, garlic, dill or parsley

## Melitzano Salad

Roasted eggplant, garlic, olive oil, lemon juice, parsley, tahini

#### Greek Salad

Tomatoes, cucumbers, onions, Kalamata olives, feta cheese, olive oil, oregano, lemon juice

## **Tiropita**

Flaky pastry filled with a creamy feta cheese mixture, similar to spanakopita but without spinach

## Gigantes Plaki

Giant baked beans cooked in a rich tomato sauce with olive oil and herbs

## Fava Dip

A smooth, creamy dip made from yellow split peas, olive oil, lemon, and onions

## Fried Zucchini (Kolokithakia Tiganita)

Thinly sliced zucchini, lightly battered, and fried until crispy. Often served with tzatziki

### **BBQ** Halloumi Cheese

Grilled halloumi cheese with olive oil, lemon juice, and oregano

### Şakşuka

Sautéed eggplants, zucchini, and peppers in a rich tomato sauce. Served cold or at room temperature



## Ezmeh Salad

Tomatoes, cucumbers, green peppers, pomegranate molasses, olive oil, garlic, parsley

## Dolmades (Stuffed Grape Leaves)

Grape leaves stuffed with a mixture of rice, herbs, and sometimes minced meat, served with lemon juice and olive oil

## Spanakopita

A savory spinach and feta cheese pie, wrapped in flaky phyllo dough and baked until golden

#### **Tarator**

A creamy dip made with yogurt, tahini, garlic, and lemon

Stuffed Grape Leaves (Dolma)

Filled with rice, pine nuts, and herbs.

## Mücver (Zucchini Fritters)

Fried zucchini patties mixed with eggs, herbs, and feta cheese. Served with yogurt

## Kısır (Bulgur Salad)

A refreshing salad of bulgur wheat mixed with tomato paste, parsley, mint, onions, and lemon juice

### Haydari

A thick, tangy yogurt dip flavored with garlic, dill, and mint

## Mini Falafel Bites

Served with tahini or creamy hummus dipping sauce.

### Caprese Skewers

Cherry tomatoes, fresh mozzarella, basil leaves, olive oil, balsamic glaze, salt, and pepper.

# Seafood Appetizers

#### Seafood Mix

Shrimp, calamari, mussels, octopus, olive oil, garlic, lemon juice, herbs

## Shrimp Saganaki

Shrimp with tomatoes, onions, feta cheese, olive oil, and garlic

### Karides Güveç (Shrimp Casserole)

Shrimp baked with butter, garlic, tomatoes, and cheese in a sizzling clay pot

#### Taramosalata

A creamy dip made from fish roe, olive oil, lemon juice, and bread or potatoes. Often served with pita or crusty bread



## **Grilled Octopus**

Tender pieces of octopus marinated in olive oil, lemon, and oregano, then grilled to perfection

## Midye Dolma (Stuffed Mussels)

Mussels stuffed with rice, pine nuts, currants, and spices, served cold with a squeeze of lemon

# **Meat Appetizers**

#### Keftedes

Greek meatballs made with ground beef or lamb, seasoned with herbs, breadcrumbs, and onions. Often served with tzatziki

## Sigara Böreği

Crispy phyllo rolls stuffed with feta cheese and parsley, fried until golden

## Lahmacun (Turkish Flatbread)

Thin flatbread topped with a spiced minced meat mixture, baked until crispy. Typically served rolled with parsley and a squeeze of lemon

## Mercimek Köftesi (Lentil Patties)

Spiced red lentil and bulgur patties mixed with onions, tomato paste, and herbs. Served on lettuce leaves

#### Loukaniko

Greek sausage flavored with orange zest, fennel, or other spices, typically grilled or pan-fried

# **Cheese-Based Appetizers**

### Feta Saganaki

A block of feta cheese coated in sesame seeds, fried until crispy, and drizzled with honey

### Saganaki

Fried cheese (usually kefalotyri or graviera), pan-seared until golden and often flambéed with ouzo





## Main Course

## **Greek Dishes**

#### Moussaka

A layered casserole of eggplant, ground beef or lamb, and béchamel sauce, baked until golden and creamy

## Souvlaki (Chicken or Beef)

Chicken or beef cubes (marinated) with olive oil, lemon juice, oregano, garlic, salt, and pepper

#### **Pastitsio**

A baked pasta dish similar to lasagna, with layers of tubular pasta, seasoned ground meat, and a creamy béchamel sauce

## Gemista (Stuffed Vegetables)

Tomatoes, bell peppers, or zucchini stuffed with a mixture of rice, herbs, and sometimes ground meat, then baked

#### Stifado (Beef Stew)

Beef stew made with red wine, onions, tomatoes, cinnamon, and cloves (choice of rabbit +\$5)

## Kleftiko

Slow-cooked lamb marinated with garlic, lemon, and herbs, wrapped in parchment or foil and baked until tender

#### Psari Plaki (Baked Fish)

Whole fish baked with tomatoes, onions, garlic, olive oil, and herbs

## Kotopoulo Lemonato (Lemon Chicken)

Chicken roasted with potatoes, garlic, olive oil, and lemon juice, infused with Greek herbs

## Soutzoukakia (Greek Meatballs)

Meatballs cooked in a rich tomato sauce, flavored with cumin, and served with rice or pasta

## Arni me Patates (Roast Lamb with Potatoes)

A traditional dish of lamb roasted with garlic, oregano, and lemon, paired with golden roasted potatoes

#### Giouvetsi

A baked dish of lamb or beef with orzo pasta in a rich tomato sauce, often topped with grated cheese

### Psito (Greek Roast Pork)

Slow-roasted pork seasoned with garlic, lemon, oregano, and olive oil

## Fasolada (Bean Soup)

A hearty white bean soup cooked with tomatoes, celery, carrots, and olive oil, considered Greece's national dish

# Bakaliaros Skordalia (Fried Cod with Garlic Sauce)

Crispy battered cod served with skordalia, a creamy garlic and potato dip



## Pasticcio Kapama

A Greek pasta and meat casserole with a spiced tomato sauce and sometimes topped with béchamel

## Gyro

Thinly sliced meat (pork, chicken, or lamb) cooked on a vertical rotisserie, served in pita bread with tzatziki, tomatoes, onions, and fries

## Briam (Vegetable Casserole)

Roasted eggplant, zucchini, potatoes, and tomatoes cooked in olive oil and herbs

Kalamarakia Tiganita (Fried Calamari)

Lightly battered and fried squid, often served with a lemon wedge and a side of tzatziki

## Turkish Dishes

Grilled Salmon (+\$6 per person)

Salmon fillets marinated with olive oil, lemon juice, garlic, and dill

Adana Kebab (Spicy)
Ground lamb or beef with chili flakes,
cumin, garlic, onions, parsley, and extra
chili flakes

BBQ Kanat (Chicken Wings)

Chicken wings marinated with olive oil, garlic, paprika, lemon juice, and oregano

Padlijan Kebab

Eggplant with ground lamb or beef, garlic, onions, and parsley

Testi Kebabı (Pottery Kebab)

A dramatic dish where meat, vegetables, and spices are slow-cooked in a sealed clay pot, which is cracked open at the table

Tavuk Şiş (Chicken Skewers)

Marinated chicken grilled on skewers, often served with rice and salad

#### Alinazik Kebab

Grilled meat served over a smoky eggplant and yogurt base, topped with melted butter and spices

Pide (Turkish Pizza)

A boat-shaped flatbread filled with minced meat, cheese, or spinach, baked until crispy



#### Hamsi

Anchovies (grilled or fried) with olive oil, lemon juice, salt, and pepper

Afelia (choice of rabbit +\$5)

Pork cubes marinated with red wine, coriander seeds, garlic, and olive oil

### Kebabs

Adana Kebab: Spicy minced meat (usually lamb or beef) grilled on skewers Şiş Kebab (Shish Kebab): Cubes of

marinated meat (lamb, chicken, or beef)
grilled on skewers
Urfa Kebab: Similar to Adana Kebab
but milder in spice

### Iskender Kebab

Thinly sliced döner meat served over pita bread, topped with hot tomato sauce and melted butter, with yogurt on the side

Manti (Turkish Dumplings)
Small dumplings filled with spiced ground meat, served with a garlicyogurt sauce and drizzled with melted butter infused with red pepper flakes

Köfte (Meatballs)

Grilled or fried meatballs made from minced beef or lamb mixed with onions, herbs, and spices

## Güveç (Casserole)

A slow-cooked stew made with meat, vegetables, and spices, often baked in a clay pot

Steak (+\$5 per person)

Grilled beef steak seasoned with olive oil, garlic, salt, and pepper

Lamb Chops (+\$5 per person)

Grilled lamb chops marinated with olive oil, rosemary, garlic, and lemon juice

Filet Mignon (+\$10 per person)

Beef filet seasoned with olive oil, garlic, salt, and pepper

Pilavlı Tavuk (Chicken with Rice)

Roasted or boiled chicken served with buttery rice, often seasoned with spices and sometimes mixed with chickpeas

#### Börek

Layers of phyllo dough filled with meat, spinach, or cheese, then baked or fried Su Böreği: A soft, layered börek with cheese or meat Sigara Böreği: Crispy, cigar-shaped rolls filled with feta cheese and herbs

## Hünkar Beğendi (Sultan's Delight)

A creamy eggplant puree topped with tender lamb or beef stew, flavored with tomatoes and spices



# Vegetarian Base

## Vegetable Moussaka

Layers of roasted eggplant, zucchini, potatoes, and a spiced tomato-lentil sauce, topped with creamy béchamel and baked to golden perfection.

## Spanakopita Pie

A large phyllo pastry pie filled with spinach, feta, onions, and fresh dill, baked until crisp and golden.

## Vegetarian Paella

A Spanish rice dish cooked with saffron, smoked paprika, bell peppers, artichokes, peas, and green beans.

# Grilled Halloumi with Tomato and Olive Salad

Seared halloumi cheese served with a vibrant salad of cherry tomatoes, olives, and fresh basil.

## Stuffed Bell Peppers (Gemista)

Bell peppers stuffed with a mixture of rice, herbs (dill, parsley, mint), tomatoes, and pine nuts, baked in a light tomato sauce.

## Mediterranean Vegetable Tagine

A Moroccan-inspired stew of eggplant, zucchini, carrots, and chickpeas, slow-cooked with spices and served over fluffy couscous.

## Vegetable Souvlaki Platter

Grilled vegetable skewers (zucchini, peppers, mushrooms) served with lemon rice, tzatziki, and pita bread.





## Sides

## Vegetarian Side Dishes

#### **Greek Potatoes**

Potatoes, olive oil, lemon juice, oregano, garlic, chicken broth

## **Mashed Potatoes**

Potatoes, butter, cream, salt, pepper

## Vegetable Sauté

Zucchini, bell peppers, onions, carrots, broccoli, olive oil, garlic, salt, pepper

#### Greek Rice

Jasmine rice, lemon juice, garlic, olive oil, chicken broth, green peas, carrot, turmeric

#### Turkish Pilaf

Rice or bulgur wheat, butter, olive oil, garlic, onion, tomato paste, broth

## Turkish Bulgur

Bulgur wheat, tomato paste, onions, garlic, olive oil

#### Garlic Fries

Potatoes (cut into fries), garlic, olive oil, salt, parsley

# Additional Greek Dishes

### Horiatiki (Greek Salad)

Tomatoes, cucumbers, red onions, green peppers, Kalamata olives, feta cheese, olive oil, oregano, red wine vinegar

## Spanakorizo (Spinach Rice)

Rice cooked with spinach, onions, dill, and lemon

#### Briam (Greek Roasted Vegetables)

Eggplant, zucchini, potatoes, and tomatoes baked in olive oil and herbs

#### **Tzatziki**

Yogurt dip with cucumber, garlic, dill, and olive oil

Fried Zucchini Chips (Kolokithakia Tiganita)

Thinly sliced zucchini, lightly battered and fried, served with garlic-yogurt dip

### Horta (Boiled Greens)

Wild greens dressed with olive oil and lemon

#### Skordalia

Garlic and potato dip, served with bread or vegetables

## Roasted Red Peppers with Feta

Sweet red peppers stuffed with feta cheese and baked



Lemon Potatoes
Potatoes roasted with olive oil, garlic, oregano, and lemon juice

Fasolakia (Braised Green Beans) Green beans stewed with tomatoes, onions, olive oil, and herbs

Kolokithokeftedes (Zucchini Fritters)
Zucchini fritters made with feta cheese and herbs, served with tzatziki

Gigantes Plaki (Baked Giant Beans)
Large beans baked in tomato sauce with olive oil, garlic, and herbs

Roasted Eggplant with Feta
Eggplant baked with olive oil, topped with
feta, herbs, and lemon juice

Oven-Baked Okra (Bamies Fournou)

Okra baked with tomatoes, olive oil, and onions

Tomato Rice (Ntomatorizo)

Rice cooked with tomatoes, garlic, and herbs

Pita Bread

Warm, fluffy pita bread for dipping

Roasted Cauliflower with Lemon and Garlic Cauliflower roasted with olive oil, garlic, lemon juice, and oregano

# **Turkish Dishes**

Pilav (Turkish Rice Pilaf)

Fragrant rice cooked with butter, onions, and sometimes orzo or vermicelli

Bulgur Pilavı (Bulgur Pilaf)
Bulgur wheat with tomatoes, peppers,
onions, and spices

Cacık (Turkish Yogurt with Cucumber)
Yogurt with grated cucumber, garlic, dill,
and mint

İmam Bayıldı (Stuffed Eggplants)

Eggplants stuffed with onions, tomatoes, garlic, and herbs, cooked in olive oil

Patates Salatası (Turkish Potato Salad)
Boiled potatoes with olive oil, lemon juice,
parsley, and onions

Fava (Broad Bean Puree)

Broad bean puree garnished with dill

Mevsim Salatası (Seasonal Salad)
Lettuce, tomatoes, cucumbers, carrots, and red onions dressed with olive oil and lemon

Zeytinyağlı Taze Fasulye (Green Beans in Olive Oil)

Green beans stewed with tomatoes, onions, and olive oil



Grilled Vegetables (Sebzeler Izgara)
Eggplant, zucchini, peppers, and tomatoes,
drizzled with olive oil and lemon

a) Yoğurtlu İspanak (Spinach with Yogurt)
oes, Sautéed spinach topped with garlic-yogurt sauce

Kısır (Bulgur Salad)

Bulgur wheat with parsley, mint, tomatoes, onions, and pomegranate molasses

Karışık Turşu (Pickled Vegetables)
Pickled cucumbers, carrots, cabbage, and
peppers

Yoğurtlu Patlıcan (Eggplant with Yogurt)

Roasted eggplant topped with garlicyogurt sauce Tarator Sauce

Yogurt dip with tahini, garlic, and lemon

Mücver (Zucchini Fritters)
Zucchini patties with eggs, herbs, and feta cheese

Mercimek Çorbası (Lentil Soup)
Red lentil soup with onions, carrots, and spices

Şehriyeli Pilav (Rice with Vermicelli) Turkish rice pilaf cooked with vermicelli

pasta





## Dessert

## **Turkish Desserts**

#### Baklava

Phyllo dough filled with walnuts, pistachios, or almonds, sweetened with honey syrup, and flavored with cinnamon. A dessert enjoyed in both Turkish and Greek cuisines

## Lokum (Turkish Delight)

Soft, chewy candies made with sugar, starch, and flavors like rosewater, lemon, or pomegranate, often with nuts like pistachios or hazelnuts

#### Künefe

A warm dessert made with shredded phyllo dough (kataifi) filled with melted cheese, baked until golden, and soaked in syrup

## Sütlaç (Rice Pudding)

A creamy rice pudding flavored with milk, sugar, and vanilla, often topped with cinnamon

#### Revani

A semolina cake soaked in a light citrusflavored syrup, often garnished with coconut or pistachios

## Tulumba

Fried dough pastries, similar to churros, soaked in a sweet syrup

## Ashure (Noah's Pudding)

A traditional dessert made with a mix of grains, dried fruits, nuts, and spices, often flavored with rosewater

## İrmik Helvası (Semolina Halva)

A warm, buttery semolina dessert cooked with sugar, milk, and pine nuts

## Dondurma (Turkish Ice Cream)

A stretchy, chewy ice cream made with mastic and salep (orchid root powder)

## Ayva Tatlısı (Quince Dessert)

Poached quince halves cooked in sugar syrup, often served with clotted cream and nuts

## Pestil (Fruit Leather)

A natural, chewy sweet made by drying fruit puree, typically apricots or plums

## Hoshaf (Stewed Fruit Compote)

A refreshing dessert made with dried fruits like apricots, figs, and raisins stewed in sugar syrup

## Muhallebi (Milk Pudding)

A silky-smooth milk pudding often flavored with rosewater, sometimes topped with crushed nuts

## Tavuk Göğsü

A unique dessert made with chicken breast blended into a creamy milk pudding, flavored with cinnamon



#### Kazandibi

A caramelized milk pudding with a slightly burnt crust, giving it a unique flavor

## Şekerpare

Small, soft semolina cookies soaked in lemon-flavored syrup

#### Güllaç

Thin layers of starch-based pastry soaked in rosewater-flavored milk, often layered with nuts and pomegranate seeds

#### Halva (Helva)

A sweet made from semolina or tahini, cooked with sugar or honey, and flavored with nuts like almonds or pistachios.

Common in both Turkish and Greek cuisines

## **Greek Desserts**

#### Baklava

Phyllo dough filled with walnuts, pistachios, or almonds, sweetened with honey syrup, and flavored with cinnamon. A dessert enjoyed in both Turkish and Greek cuisines

## Greek Yogurt with Honey and Nuts

Thick Greek yogurt topped with honey, walnuts, and optional berries

#### Galaktoboureko

A rich, creamy semolina custard baked in phyllo dough and soaked in a fragrant sugar syrup

#### Loukoumades

Golden, deep-fried dough balls drizzled with honey and sprinkled with cinnamon and sesame seeds. Common in both Turkish and Greek cuisines

#### Kataifi

Shredded phyllo dough filled with walnuts or pistachios, baked, and soaked in honey syrup, flavored with cinnamon

#### Ekmek Kataifi

A layered dessert with a base of shredded phyllo dough, topped with creamy custard and whipped cream, garnished with nuts

### Ravani (Semolina Cake)

A moist semolina cake soaked in citrus or rosewater syrup, often garnished with almonds or coconut

# Spoon Sweets (Glyka tou Koutaliou)

Preserved fruits or nuts like cherries or figs served in syrup, often paired with Greek yogurt

### Fanouropita

A simple, spiced olive oil cake traditionally made in honor of Saint Fanourios

#### Tsoureki

A sweet, braided bread flavored with mastiha and orange zest, often served during Easter



#### Melomakarona

Soft, spiced cookies made with orange juice, honey, and cinnamon, often topped with walnuts

#### **Kourabiedes**

Buttery, crumbly almond cookies dusted generously with powdered sugar

## Rizogalo (Greek Rice Pudding)

A creamy rice pudding flavored with cinnamon and sometimes orange zest

## Bougatsa

A flaky phyllo pastry filled with semolina custard or cheese, often dusted with powdered sugar and cinnamon

### Halva

A dense, sweet dessert made from semolina, sugar, and olive oil, often flavored with cinnamon and nuts. Shared between Turkish and Greek cuisines

#### Moustalevria

A traditional grape must pudding made with grape juice, flour, and spices

## Portokalopita (Orange Cake)

A moist, syrupy, orange-flavored cake made with phyllo dough and yogurt

## Amygdalota

Almond cookies that are chewy on the inside and crisp on the outside

#### Pasteli

A chewy or crunchy sesame and honey bar, sometimes including nuts like almonds

## **Diples**

Thin sheets of dough, rolled, fried, and dipped in honey syrup, then sprinkled with nuts and cinnamon

